



Feeding Our Neighbors: A Catholic Response

Basic Tips for a Successful Food Drive

Thank you for participating in “Feeding Our Neighbors: A Catholic Response”. So far nearly 1,000 boxes have been delivered across the 10 counties in The Archdiocese of New York. Your efforts will help support pantries feeding Catholics and Non-Catholics across the archdiocese.

The Archdiocese of New York Network needs the following nutritious foods:

<ul style="list-style-type: none"> • Canned Vegetables • Tomato Sauce • Vegetable Soups 	Vegetables
<ul style="list-style-type: none"> • Canned Fruits (in juice or light syrup) • Dried Fruits • 100% Fruit Juices 	Fruits
<ul style="list-style-type: none"> • Beans- canned or dry • Peanut Butter • Nuts • Canned Meat (chicken, beef, ham) • Canned Fish (tuna, salmon, sardines) • Canned Stews (chicken or beef) 	Proteins
<ul style="list-style-type: none"> • Rice (white, brown, flavored) • Pasta/noodles • Dry Cereal and Hot Cereal (grits, oatmeal, farina) • Flour/Cornmeal/Baking Mixes • Whole Wheat Crackers • Couscous 	Grains
<ul style="list-style-type: none"> • Dry Milk packets • Shelf stable milk • Soy/Almond/Rice Milk 	Dairy
<ul style="list-style-type: none"> • Nutritional Beverages (Boost, Ensure, Carnation Instant Breakfast) • Spices • Coffee/Tea • Personal Care Items 	Other Items

To ensure food safety, we cannot use:

- Rusty or Unlabeled Cans
- Avoid glass containers and all perishable foods
- Homemade Items
- Noncommercial Canned Items
- Noncommercial Packaged Items
- Alcoholic Beverages & Mixes
- Open or Used Items